

Course Profile - Department of Psychology

Course Number: PSY 340	Course Title: Introduction to Clinical Psychology
Required / Elective: Required	Pre / Co-requisites: -
<p>Catalog Description:</p> <p>This course introduces basic concepts, interview and observation techniques, major theoretical perspectives and therapeutic intervention methods in clinical psychology. Lectures and readings will be used with a focus on practical exercises, role-plays and discussion sessions.</p>	<p>Textbook / Required Material:</p> <p>Related readings will be uploaded online</p>
Course Structure / Schedule: (3+0+0) 3 / 5 ECTS	
<p>Extended Description:</p> <p>This is an introductory course. Accordingly, it aims to familiarize the students with the field of clinical psychology including the roles in which clinical psychologists serve, the basic assessment and intervention methods as well as the major theoretical perspectives in the field. The door of the class will be closed 10 minutes after the class has started. If the door is closed, it means that the class has started. In this case, STUDENTS ARE EXPECTED NOT TO ENTER and WAIT until the first break.</p> <p>Attendance is required and it will be taken within the first 10 minutes of each slot. Students who miss the first slot will be marked absent for the whole hour.</p> <p>Students must have a legitimate reason for leaving early (before the class ends) and they should inform the instructor in advance.</p> <p>Civil behavior involves being considerate and polite as required by social norms, towards all classmates and the instructor. Ethical behavior involves honorable conduct and refraining from all forms of cheating and plagiarism.</p> <p>Students are expected to turn their cell phones off in the classroom. Using cell phones during class will be cause for dismissal from the classroom, and the student will be marked absent for the whole hour.</p>	
Design content: None	Computer usage: Not required
<p>Course Outcomes:</p> <p>This course may help students considering a career in clinical psychology and related professions to decide whether this field appeals to them.</p> <p>On successful completion of this course, students will be able to:</p> <ul style="list-style-type: none"> -explore the field of clinical psychology and define the main tasks of a clinical psychologist, -learn the ethical considerations in the field, -demonstrate an awareness of the major theoretical approaches in the field, -have a critical understanding of different techniques used by clinical psychologists in the assessment and treatment of patients/clients. 	

Teaching methods: Lecture with slides, class discussions

Course Outline

Week	Topics
1	Syllabus
2	Ethical Considerations and the Therapeutic Relationship in Psychotherapy
3	Case Study
4	No Classes All Week
5	Introduction to Psychotherapy
6	Cognitive Behavioral Therapy (CBT)
7	MIDTERM
8	Solution Focused Psychotherapy
9	Psychoanalytic Psychotherapy
10	Mindfulness-based Psychotherapies
11	Presentations
13	Presentations
14	Revision
15	Make-up

Assessment methods:

Attendance: 10%

Class participation and instructor's overall impression: 10%

Presentations: 15%

Mid-term exam: 30%

Final exam: 35%

Contribution of Course Learning Outcomes to Program Outcomes

	Program Outcomes	*Level of Contribution				
		1	2	3	4	5
1	Examine different concepts in the sub-areas of psychology.					*
2	Describe and explain the differences between common sense, religion, art, philosophy and science					*
3	Learn about the major schools in psychology's history and the current developments					*
4	Apply analytical and critical thinking skills to selected topics					*
5	Discuss and criticize ethical issues in psychology research					*

6	Describe the procedures and principles of psychological measurement and interview techniques					*
7	Apply the principles and skills of positivistic methodology within a simple empirical study					
8	Design and implement a simple action research and an empowerment program					
9	Analyze the coded data by statistical techniques					
10	Use communication skills in class presentations					*
11	Function effectively in multidisciplinary research teams					
12	Develop respect to interpersonal and cultural diversity					*
13	Develop self awareness					*

Student workload:

Reading	56 hrs
Lectures	33 hrs
Class discussion	5 hrs
Written assignments	25 hrs
Examinations	6 hrs

TOTAL 125 hrs (25x5) 5 ECTS

Course Category:

ISCED General Area Codes	General Area	ISCED Basic Area Codes	Basic Educational Areas	Percentage
1	Education	14	Teacher Training and Educational Sciences	
2	Humanities and Art	21	Art	
2	Humanities and Art	22	Humanities	
3	Social Sciences, Management and Law	31	Social and Behavioral Sciences	80
3	Social Sciences, Management and Law	32	Journalism and Informatics	
3	Social Sciences, Management and Law	38	Law	
4	Science	42	Life Sciences	
4	Science	44	Natural Sciences	

4	Science	46	Mathematics and Statistics	
4	Science	48	Computer	
5	Engineering, Manufacturing and Civil	52	Engineering	
5	Engineering, Manufacturing and Civil	54	Manufacturing and Processing	
5	Engineering, Manufacturing and Civil	58	Architecture and Structure	
6	Agriculture	62	Agriculture, Forestry, Livestock, Fishery	
6	Agriculture	64	Veterinary	
7	Medicine and Welfare	72	Medical	20
7	Medicine and Welfare	76	Social Services	
8	Service	81	Personal Services	
8	Service	84	Transport Services	
8	Service	85	Environment Protection	
8	Service	86	Security Services	
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